

RESOLUTION NO. 2015-083

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ELK GROVE
AUTHORIZING THE CITY MANAGER TO EXECUTE A CONTRACT WITH
ELK GROVE STRENGTH AND CONDITIONING FOR A HEALTH AND WELLNESS
PROGRAM FOR A THREE (3) YEAR TERM IN AN AMOUNT NOT-TO-EXCEED \$80,000
PER YEAR [FOR A TOTAL COMPENSATION AMOUNT NOT-TO-EXCEED \$240,000]**

WHEREAS, the City Council recognizes the need to reduce the cost of injuries and Workers' Compensation claim costs; and

WHEREAS, an important component to reducing the cost of injuries and Workers' Compensation costs is by continuing to provide strength and endurance training; and

WHEREAS, the City of Elk Grove wishes to continue an exercise / fitness program geared toward law enforcement personnel that also includes general City employees.

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Elk Grove hereby authorizes the City Manager to execute a contract with Elk Grove Strength and Conditioning for a health and wellness program for a three (3) year term in an amount not-to-exceed \$80,000 per year for a total compensation amount not-to-exceed \$240,000.

PASSED AND ADOPTED by the City Council of the City of Elk Grove this 13th day of May 2015.



GARY DAVIS, MAYOR of the
CITY OF ELK GROVE

ATTEST:



JASON LINDGREN, CITY CLERK

APPROVED AS TO FORM:



JONATHAN P. HOBBS,
CITY ATTORNEY

CERTIFICATION
ELK GROVE CITY COUNCIL RESOLUTION NO. 2015-083

STATE OF CALIFORNIA)
COUNTY OF SACRAMENTO) ss
CITY OF ELK GROVE)

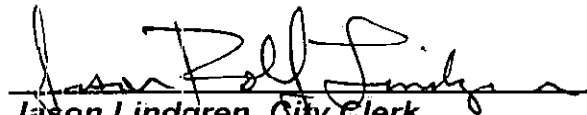
I, Jason Lindgren, City Clerk of the City of Elk Grove, California, do hereby certify that the foregoing resolution was duly introduced, approved, and adopted by the City Council of the City of Elk Grove at a regular meeting of said Council held on May 13, 2015 by the following vote:

AYES : **COUNCILMEMBERS:** *Davis, Hume, Detrick, Ly, Suen*

NOES: **COUNCILMEMBERS:** *None*

ABSTAIN : **COUNCILMEMBERS:** *None*

ABSENT: **COUNCILMEMBERS:** *None*


Jason Lindgren, City Clerk
City of Elk Grove, California